



**Aetna Better Health of Texas (ABHTX)**

**Opt out Notice: Medicaid Maternal Mental Health Treatment Network**

You're receiving this notice as you've been identified as a provider of maternal mental health (MMH) services; this includes treatment of conditions such as perinatal and postpartum depression, anxiety disorders, post-traumatic stress disorder, bipolar illness, psychosis, and substance use disorders, occurring within 12 months postpartum. As such, you're being opted in to provide services through ABHTX MMH treatment network.

- *In accordance with Senate Bill (S.B.) 750, 86 Legislature, Regular Session, 2019, HHSC established MCO requirements around the referral of members with MMH conditions to an identified network of maternal mental health providers. The goal of the MMH treatment network is to increase the accessibility of clinical postpartum services/perinatal for Medicaid members, ultimately improving maternal health outcomes and promoting overall well-being for mothers and their families.*

**ACTION:**

- If you agree to be designated as a MMH provider, you don't need to take any action at this time.
- If you want to **opt out** of providing MMH services, please complete & return the section below by **05/10/2024** date.

Group/Provider Name: \_\_\_\_\_

Tax ID: \_\_\_\_\_ NPI: \_\_\_\_\_

Contact Person (Name/title/email/phone): \_\_\_\_\_

<b>MMH Service</b>	I do not wish to be designated as a maternal mental health provider <b>For the following Services: (Mark selections with "X")</b>
Postpartum Mental Health	
Postpartum Substance use	
Pregnant Mental Health	
Pregnant Substance use	

Please **return** this form to

Email at [abhtxcredentialing@aetna.com](mailto:abhtxcredentialing@aetna.com) or facsimile (866) 510-3710.

As always, do not hesitate to contact your Aetna Better Health of Texas Provider Relations Representative with any questions or comments.

Sincerely,  
Provider Relations, Aetna Better Health of Texas

**CHIP**

Bexar area: 1-866-818-0959 (TTY: 711)

Tarrant area: 1-800-245-5380 (TTY: 711)

**STAR (Medicaid)**

Bexar area: 1-800-248-7767 (TTY: 711)

Tarrant area: 1-800-306-8612 (TTY: 711)

**STAR Kids**

Dallas and Tarrant areas: 1-844-787-5437 (TTY: 711)