



## **PROVIDER NOTIFICATION**

### *DUALS - PRECERTIFICATION OPTIMIZATION*

Dear Provider Community:

Effective 12/15/2023, the 23 Lab-based National Coverage Determinations (NCD) will be implemented for Aetna Better Health Premier Plan. This means that we will no longer require prior authorization for the set of codes listed below that are included in each NCD. This is part of a larger optimization initiative intended to improve operational efficiency and reduce unnecessary provider administration activity.

As always, do not hesitate to contact your Aetna Better Health Premier Plan Provider Relations Representative with any questions or comments.

Thank you for your valued partnership in caring for our Aetna Better Health Members.

Sincerely,

Provider Services

Aetna Better Health Premier Plan

NCD 190.23B	Lipids Testing CPT Codes 80061, 82465, 83718, 84478	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=102&amp;ncdver=2&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=102&amp;ncdver=2&amp;bc=0</a>
NCD 190.33	Hepatitis Panel/Acute Hepatitis Panel	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=166&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=166&amp;ncdver=1&amp;bc=0</a>
NCD 190.24	Digoxin Therapeutic Drug Assay	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=103&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=103&amp;ncdver=1&amp;bc=0</a>
NCD 190.25	Alpha-fetoprotein	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=121&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=121&amp;ncdver=1&amp;bc=0</a>
NCD 190.34	Fecal Occult Blood Test	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=167&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=167&amp;ncdver=1&amp;bc=0</a>
NCD 190.26	Carcinoembryonic Antigen	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=118&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=118&amp;ncdver=1&amp;bc=0</a>
NCD 190.15	Blood Counts	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=61&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=61&amp;ncdver=1&amp;bc=0</a>
NCD 190.19	Collagen Crosslinks, any Method	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=96&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=96&amp;ncdver=1&amp;bc=0</a>
NCD 190.20B	Blood Glucose Levels CPT Codes: 82948, 82962	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=98&amp;ncdver=2&amp;keyword=Blood%20Glucose%20Testing&amp;keywordType=starts&amp;areald=all&amp;docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&amp;contractOption=all&amp;sortBy=relevance&amp;bc=1">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=98&amp;ncdver=2&amp;keyword=Blood%20Glucose%20Testing&amp;keywordType=starts&amp;areald=all&amp;docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&amp;contractOption=all&amp;sortBy=relevance&amp;bc=1</a>
NCD 190.20A	Blood Glucose Levels CPT Code 82947	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=98&amp;ncdver=2&amp;keyword=Blood%20Glucose%20Testing&amp;keywordType=starts&amp;areald=all&amp;docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&amp;contractOption=all&amp;sortBy=relevance&amp;bc=1">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=98&amp;ncdver=2&amp;keyword=Blood%20Glucose%20Testing&amp;keywordType=starts&amp;areald=all&amp;docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&amp;contractOption=all&amp;sortBy=relevance&amp;bc=1</a>
NCD 190.32	Gamma Glutamyl Transferase	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=153&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=153&amp;ncdver=1&amp;bc=0</a>
NCD 190.21	Glycated Hemoglobin/Glycated Protein	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=100&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=100&amp;ncdver=1&amp;bc=0</a>

NCD 190.23A	Lipids Testing CPT Codes: 83700, 83701, 83704, 83721	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=102&amp;ncdver=2&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=102&amp;ncdver=2&amp;bc=0</a>
NCD 190.31	Prostate Specific Antigen	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=152&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=152&amp;ncdver=1&amp;bc=0</a>
NCD 190.22	Thyroid Testing	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=101&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=101&amp;ncdver=1&amp;bc=0</a>
NCD 190.18	Serum Iron Studies	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=90&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=90&amp;ncdver=1&amp;bc=0</a>
NCD 190.27	Human Chorionic Gonadotropin	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=125&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=125&amp;ncdver=1&amp;bc=0</a>
NCD 190.17	Prothrombin Time (PT)	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=80&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=80&amp;ncdver=1&amp;bc=0</a>
NCD 190.16	Partial ThromboplastinTime (PTT)	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=74&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=74&amp;ncdver=1&amp;bc=0</a>
NCD 190.29	Tumor Antigen by Immunoassay - CA 15-3/CA 27.29	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=134&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=134&amp;ncdver=1&amp;bc=0</a>
NCD 190.30	Tumor Antigen by Immunoassay - CA 19-9	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=142&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=142&amp;ncdver=1&amp;bc=0</a>
NCD 190.28	Tumor Antigen by Immunoassay - CA 125	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=130&amp;ncdver=2&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=130&amp;ncdver=2&amp;bc=0</a>
NCD 190.14	Human Immunodeficiency Virus (HIV) Testing (Diagnosis)	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=53&amp;ncdver=3&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=53&amp;ncdver=3&amp;bc=0</a>
NCD 190.12	Urine Culture, Bacterial	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=25&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=25&amp;ncdver=1&amp;bc=0</a>
NCD 190.13	Human Immunodeficiency Virus (HIV) Testing (Prognosis Including Monitoring)	<a href="https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=46&amp;ncdver=1&amp;bc=0">https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=46&amp;ncdver=1&amp;bc=0</a>

**CODE LIST****\*\*Indicates code will no longer require authorization  
All other codes currently do not require authorization**

<b>CPT Code</b>	<b>CPT Description</b>
**83715	Lipoprotein, blood; electrophoretic separation and quantitat
**83716	Lipoprotein, blood; high resolution fractionation and quanti
**85021	AUTOMATED HEMOGRAM
**85022	AUTOMATED HEMOGRAM
**85023	AUTOMATED HEMOGRAM
**85024	AUTOMATED HEMOGRAM
**85031	MANUAL HEMOGRAM, CBC
**85590	PLATELET COUNT, MANUAL
**85595	PLATELET COUNT, AUTOMATED
**G0394	BLOOD OCCULT TEST 1 DETERM COLORECTAL NEOPLASM
80061	LIPID PANEL
80074	AQT HEP PANEL
80162	DIGOXIN
82105	ALPHA-FETOPROTEIN SERUM
82270	BLD OCLT PROXIDASE ACTV QUAL FECES 1 DETER
82272	BLOOD OCCULT PEROXIDASE ACTV QUAL FECES 1-3 SPEC
82378	CARCINOEMBRYONIC AG
82465	CHOLESTEROL SERUM/WHL BLD TOT
82523	COLLAGEN CROSS LINKS ANY METH
82728	FERRITIN
82947	GLUC QUAN BLD
82948	GLUC BLD RGNT STRIP
82962	GLUC BLD GLUC MNTR DEV CLEARED FDA SPEC HOME USE
82977	GLUTAMYLTRASE GAMMA
82985	GLYCATED PROTEIN
83036	HGB GLYCOSYLATED
83540	IRON
83550	IRON BNDNG CAP
83700	LIPOPROTEIN BLD ELECTROP SEP&QUAN
83701	LIPOPROTEIN BLD HR SUBCLASSES
83704	LIPOPROTEIN BLD QUAN NUMBERS&SUBCLASSES
83718	LIPOPROTEIN DIR MEAS HI DNS CHOLESTEROL
83721	LIPOPROTEIN DIR MEAS LDL CHOLESTEROL
84153	PRST8 SPEC AG TOT
84436	THYROXINE TOT

84439	THYROXINE FR
84443	THYR STIMULATING HORM
84466	TRANSFERRIN
84478	TRIGLYCERIDES
84479	THYR HORM UPTK/THYR HORM BNDNG RATIO
84702	GONAD CHORNC QUAN
85004	BLD# AUTO DIFFIAL WBC CNT
85007	BLD# BLD SMR MCRSCP XM MNL DIFFIAL WBC CNT
85008	BLD# BLD SMR MCRSCP XM W/O MNL DIFFIAL WBC CNT
85013	BLD# SPUN MICROHEMATOCRIT
85014	BLD# HEMATOCRIT
85018	BLD# HGB
85025	BLD# COMPL AUTO HHRWP&AUTO DIFFIAL
85027	BLD# COMPL AUTO HHRWP
85032	BLD# MNL C-CNT RBC WBC/PLTLT EA
85048	BLD# WBC AUTO
85049	BLD# PLTLT AUTO
85610	PROTHROMBIN TM
85730	THROMBOPLASTIN TM PRTL PLSM/WHL BLD
86300	IA TUM AG QUAN CA 15-3
86301	IA TUM AG QUAN CA 19-9
86304	IA TUM AG QUAN CA 125
86689	ANTB HTLV/HIV ANTB CONFIRMATORY TST
86701	ANTB HIV-1
86702	ANTB HIV-2
86703	ANTB HIV-1&HIV-2 1 ASSAY
87086	CUL BACT QUAN COLONY CNT URINE
87088	CULTURE BCT ISOL&PRSMPTV ID ISOLATE EA URINE
87390	IAAD EIA HIV-1
87391	IAAD EIA HIV-2
87534	IADNA HIV-1 DIR PRB
87535	HIV-1 PROBE&REVERSE TRNSCRPJ
87536	HIV-1 QUANT&REVRSE TRNSCRPJ
87537	IADNA HIV-2 DIR PRB
87538	HIV-2 PROBE&REVRSE TRNSCRIPJ
87539	HIV-2 QUANT&REVRSE TRNSCRIPJ